

TREK TO PETRA JORDAN



360 
EXPEDITIONS

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INTRODUCTION

Trekking through the deserts of Jordan to reach iconic Petra, you will follow the journeys that the nomadic Bedouin people and their livestock have travelled for generations.

On this itinerary we will be trekking over dry wadis, open sandy desert and rocky desert (known as 'hamada') - but we will also encounter hot springs, Roman remains, crusader castles, Neolithic houses and green valleys, fed by streams. The scenery is mesmerising; the canyons and gorges coming alive with the changing light and glowing in various shades of red and orange. At night camp we camp in Bedouin tents and have dinner by candlelight, whilst the desert sky offers us an unrivalled view of the stars.

The incredible city of Petra itself, the ancient capital city of the Nabateans, whose age is unknown, is impossibly carved from the rock face and is likely to be the highlight of the expedition. On our last day we head to the Dead Sea for a well deserved rest, where we soak our weary feet at our spa resort and enjoy the unique buoyancy of the waters.

This is one of our more approachable treks. While remaining challenging, pack animals or trucks will carry our gear, and the trails do not cover any major ascents. That said, there is some scrambling over scree, and trekking in and out of the gorges in high temperatures will keep you fit.



ITINERARY

DAY 1

Depart UK

You will be met on arrival at the airport and transferred to a hotel in Amman. *D*

DAY 2

Amman - Mansura

After breakfast we drive in air-conditioned comfort down the King's Way to Mount Nebo. This 1,000m mountain is a very important Christian site, for it was here, on the edge of a ridge overlooking the Dead Sea, that Moses first caught sight of the Holy Land, having led his people from Sinai. It is said that he also died and was buried here. Mount Nebo offers fantastic views of the Jordan valley and the Dead Sea, with the West Bank city of Jericho usually visible from the summit and Jerusalem apparent on very clear days.

We take lunch near the imposing Crusader castle of Kerak. This is the largest and best-preserved of the Crusader Castles in the region. It was built in 1132 by Baldwin of Jerusalem and sits on top of a steep outcrop, an almost impregnable position. It became famous at the time of the Crusades as one of the chain of fortresses used in the Holy War against Islam. We continue driving south enjoying the fantastic views over magnificent Wadi Araba before briefly stretching our legs at Shoubak Castle. We arrive at Mansura and walk to our campsite. 4.5 hour transfer. *BLD*

DAY 3

Mansura - Wadi Feinan

Today we trek along the Shara mountains. The barren landscape suddenly changes as we enter Wadi Daphna with its hot springs and palm trees. We follow this stunning canyon from beginning to end, jumping into deep blue pools and scrambling up and down boulders.

Late afternoon we emerge in a broad valley passing palms, reeds and oleander bushes that blossom in the spring. The Wadi Feinan gorge has an interesting archaeological landscape and was an area rich in prehistoric activity. During our walk we will see the remains of a late Roman citadel, copper mines, elaborate water systems and settlements with Neolithic houses, in places preserved to two storeys before we reach our campsite for the night. *BLD*

DAY 4

Wadi Feinan - El Forn

Our trek follows the outskirts of the Shara Mountains and through the Wadi Araba, which is like a small rocky desert called a Hamada with scattered Acacia trees.

From a small Bedouin settlement we will barter for a goat and our local Bedouin crew will expertly prepare and barbeque this over an open fire for us tonight. There are several small hilltops to climb for an unforgettable sunset over the desert plains on which we are camping. *BLD*

DAY 5

El Forn - Gabural Al Waheidat

We hike into Wadi Feith, a narrow canyon with its year round running stream, and then turn down into Wadi Sahawa. The trail then heads up to our lunch spot at Tabqa Agla. After lunch we take a Bedouin trail with beautiful views over Wadi Araba to Gabural Al Waheidat. Tonight's camp is on a spectacular pass from which we can see the whole of the route we climbed so far. *BLD*

DAY 6

Gabural Al Waheidat - El Maisra

We hike down into a fertile valley before ascending an exposed ridge-top. The climb is short but steep and the views from the top are breathtaking. We are more than a kilometre above the desert plains below. After lunch we climb down through a wild valley and past sandstone domes and cliffs to little Petra, giving us our first taste of amazing Nabataean culture. We also take some time to visit the Neolithic village of al-Baidah before we reach our camp at El Maisra near little Petra.

A short transfer to our campsite is available after our Bedouin crew have made our afternoon tea. For the purists the trail continues another 2 hours along the gravel road, winding its way through the sandstone domes to camp. For many today has proven the most spectacular day. Tonight is our last night sleeping in the Bedouin tents or under the open sky. *BLD*

DAY 7

Petra

Today we continue our trek to Petra. We enter the little Petra reserve and negotiate narrow paths clinging to the side of deep canyons. We have a whole day to enjoy Petra including a half-day guided tour of the rose-red city which is one of the New Seven Wonders of the World. Petra was carved into the Sharah mountains by the industrious Nabataeans, who grew rich through their control of the frankincense trade routes through Arabia. Petra fell into obscurity about a thousand years ago, while its existence, and location, were kept a closely guarded secret by the local Bedouin, until 1812 when the Swiss explorer John Louis Burckhardt tricked his way into the site.

Our guided tour of this unique and unforgettable site starts with a walk through the Siq, the narrow and winding fissure between towering cliffs, which we exit through a tiny cleft to be confronted by the awe-inspiring splendour of the Treasury monument, Petra's most elaborate ruin, hewn into the sandstone rock. Local legend has it that this tomb once stored the gifts of the Queen of Sheba to Solomon. We progress to explore the royal tombs, a roman theatre and the colonnaded street to name but a few of the astounding attractions on view. We will also walk up the 800 steps to view the vast and impressive Monastery (Ed Deir), which enjoys fabulous views over the whole area and a mountain atmosphere.

After lunch, which we will have on site, the afternoon is free to explore one of the most impressive and exciting sites of ancient history anywhere in the world. One option is to walk up to the High Place (Attuf Ridge), once the venue for sacrificial offerings, which gives wonderful views over the Petra Basin and out towards Jebel Harun and Wadi Sabra. We celebrate the successful conclusion of our trek with a meal and then a comfortable room at a hotel in Petra. *BLD*

DAY 8

Dead Sea

Transfer to Dead Sea, check in at Dead Sea Spa Resort, free day, dinner and overnight at the Resort. *BLD*

DAY 9

Dead Sea

Full day to enjoy the Dead Sea Spa Resort. *BD*

DAY 10

Depart (Lunch time flight) UK

B





We recommend the following kit.

It is not an exhaustive list and there are some items which are more luxury than necessity. If you want to discuss any kit requirements please feel free to contact us.

Most of this can be hired in the UK rather than purchased. It is possible to leave bags with clean clothes etc. at the hotel prior to departing for the mountain. Weight allowance on the trek is no more than 15kg for your main bag.

DOCUMENTATION

Bureaucratic

Passport

- Don't forget this! It should be valid for the dates of your trip to at least 6 months before expiry.*

Money

- We recommend you take at least US\$200-\$300 onto the mountain in small denominations. This will allow for tip money plus any extras such as satellite phone calls and emergency funds. Small denominations are recommended as it may be difficult to obtain change and it will be easier to divide tip money*

Copy of own travel insurance details

- And relevant contact numbers. Please ensure you have appropriate insurance for your intended trip to include medical evacuation*

PERSONAL KIT

Packing

Duffel Bag

- 90 - 120L - strong, soft, weather resistant bag without wheels but with functional straps for carrying. A duffel bag is recommend over a rucksack as it is easier and more comfortable for porters or mules to carry. Suitcases are not recommended.*

Small daysack

- approx. 25-35 litre capacity. Your day to day pack that you carry with your daily essentials (see FAQ's later), fitted with shoulder straps and importantly a waist belt*

Waterproof rucksack cover

Dry stuffsacs / nylon rolltop bags

- (or even just large plastic bags) that keep fresh clothing and other important items like passports and iPods sand-free and dry in the event of a total downpour that seeps into your kitbag. Good for quarantining old socks.*

Small kit bag or light bag

- this is for any kit you intend to leave at the hotel and could even simply be a heavy duty plastic bag*

Sleeping

Sleeping Bag 3-4 season

- you should get a sleeping bag rated to -10C and choose a sleeping bag that functions within the comfort rating of this temperature. A silk sleeping bag liner will enhance this rating on the coldest nights*

CLOTHING

Head and Face

Wide Brimmed Hat

- keeps the sun off exposed areas like ears and the nape of the neck*

Sunglasses

- worth spending money on good UV filters*

Sunblock

- buy the highest SPF you can find as the sun is strong in the desert*

Lipsalve

- as above*

Upper Body

Base layers

- see panel on following pages, it gets hot in the desert, make sure these are designed to wick away sweat*

Mid Layer

- to keep the chill off in the evening (see panel)*

Hard Shell

- x 1 (see panel)*

Lower Body

Trekking trousers

- these tend to be polyester so they dry quickly after a shower and weigh little in your pack. Consider a pair with zip-off lower legs or...*

Shorts

- light and quick drying rather than heavy canvas*

Underwear

- how many pairs you take is entirely up to you*

Walking boots

- Well broken in 3 to 4 season*

Comfortable Trainers

- for evening use around the camps and in Petra*

Trekking socks

- You can take a clean pair for each day, or fewer if you wish*

PERSONAL EFFECTS

Water and Hygiene

- Water bottles (2 Litre equivalent)**
or a Camelbak that fits into your daysack

- Water purification**
we use bottled water, but worth having this to hand should you fill up elsewhere

- Wash kit**
(Toothbrush, toothpaste etc.)

- Personal first aid kit**
blister patches, plasters, antiseptic, painkillers, (See FAQs in the following pages)

- Personal medication**
keep this in your daypack

- Travel Towel**
travel towels from the likes of Lifesystems are perfect

- Wet wipes**
these are great for washing when shower facilities become a thing of the past

- Alcohol rub**
a must-have for good camp hygiene

- Insect Repellent**

- Toilet paper**
provided on the trek but a spare in your daysack may be useful if you need to hide behind a rock between camps

- Nappy bags**
see above, toilet paper doesn't decompose quickly in the desert

MISCELLANEOUS EQUIPMENT

- Headtorch**
bring spare batteries

- Trekking Poles**
these tend to be a personal preference but help with your stability and can dampen the pressure on the knees coming down hill

- Camera**
bring plenty of spare batteries and memory cards

- Penknife**

- Sewing kit**

- Snacks**
1 to 2 snack bars per day

- Solar Charger**
these are useful to keep electricals charged but are a luxury rather than a necessity, especially on a reasonably short trek

- Entertainment**
pack some paperback books, iPod, pack of cards etc as you will have down time at the camps

Terminology explained

Base layer — this is the layer closest to the skin and its principal function is to draw (wick) moisture and sweat away from the skin. Wet or sweaty clothing makes you cold and saps your energy as your body compensates to dry it. For the desert consider loose fitting tops, with long sleeves. There won't be an opportunity to wash them on the trek.

Mid layer — these are typically lightweight microfleece or similar technology that provide varying degrees of warmth and insulation without being overly bulky or heavy to pack.

Hard Shell — These jackets (and trousers) are thin, highly waterproof and windproof and worn over all other items of clothing. They are your last line of defence against harsh weather. You'll find these made of Gore-Tex or other proprietary waterproof yet breathable technology. Inexpensive hard shells that aren't breathable will prevent evaporation, making you sweat intensely and are not recommended, particularly for the desert.



This trip involves prolonged walking over varied terrain. There will be uphills and downhills, so good baseline fitness is required. Expect to be able to do a 6 to 8 hour walk (on a very long day) over undulating terrain carrying a pack up to 6kg in weight (when your water bottles are full), in warm temperatures. There is nothing technical about any of the walking on the trip.

FAQ's

ACCOMMODATION AND FOOD

Where will we be sleeping whilst trekking?

We will be staying in traditional Bedouin tents. They are big communal handmade cloth tents. You won't have individual tents. You will also be able to sleep under the stars. The camps will be set up each day by the support team before you arrive. They are not fixed camps and are set up each day for our specially designed itinerary.

What are the hygiene facilities in the desert?

Washing will be predominantly wet wipe washes - there is sometimes an option of a tent shower and there will always be a tent loo at camp.

What is the food like on this trek?

At the hotel we will be served with an open buffet with several kinds of hot dishes, salads and desserts for dinner. During the trek breakfast will include jams, pitta bread, cheese, teas and coffees, orange juice etc. while our lunch boxes will be classically Jordanian with pitta bread and hummus, mineral water etc. Our dinners will be a nightly open buffet with one kind of hot dish (comprised of meat) a soup, four kinds of salads and dessert with tea and coffee served at safari tables around a fire.

Where does our drinking water come from?

We will be drinking bottled mineral water for the duration of the trip.

How often is fresh water available for replenishing during the day?

We have plenty of bottled mineral water that we serve with breakfast and you can take as much as you wish for the trekking sections. At night we put an ample amount of bottled mineral water near the open buffet so there is plenty of access to fresh water.

Will I meet the local Bedouins and have time to watch them cook and spend time with them in the evenings?

Yes, you will have a chance to fully immerse yourself in the Bedouin culture. They are a fascinating and friendly people and you will be lucky enough to have a chance to see into their lives first hand.

PREPARATION

What happens during a typical trekking day?

We will be woken up early each morning at around 6:30 am and given a basic but hearty breakfast. After breakfast we will pack up with the help of the Bedouin and 360 Guides and begin the first trek of the day for about 3 hours. A long and early lunch will be taken to avoid trekking during the hottest part of the day. We set off to walk again for another 3 hours or so and then we



establish camp late afternoon for dinner and a well-deserved rest. Temperature on average will be around 22C by day and 5C at night.

How can I best train and prepare?

Personal fitness is important for this trek, and we have included a training programme which should see you at peak fitness! If you are struggling from day one then you will not enjoy the rest of the trip. Physical preparation does not have to be Herculean: concentrate on cardio-vascular exercise during the week by taking short runs when time allows and try to spend at least 2 weekends a month going on long walks (a decent six hours or 12 miles) carrying a rucksack of around 5kg in a reasonably hilly environment. Not sure what 5kg is? Put 5 one litre bottles of water into it.

This kind of regime will not only prepare your body for carrying minor loads but will harden your body against the big days on the trek itself. In addition it will help you break in your boots and get used to your equipment.

HEALTH AND SAFETY

What happens if there is a problem on the trek or if there is an emergency?

Accidents can happen and anyone undertaking these adventures has to accept there is a degree of risk due to the very nature of the challenge. All our guides are in communication with each other by satellite phone and radio. Our local crew are all experienced in dealing with any problem that will arise. Our guides are either doctors or qualified to the highest standard of wilderness first aid and can handle any emergency with the highest level of competency. We have a four wheel drive vehicle that supports us by carrying the equipment and we are in constant communication with it should more serious problems arise.

What vaccinations do I need for this trek?

We advise you to check with your GP surgery or a travel clinic on latest advice about vaccinations and to ensure you are up to date.

You advocate bringing a small first aid kit, what should it contain?

We advocate a little bit of self-help on the trek. If you have a blister developing for example then please stop take off your boot and treat it before it becomes a problem.

Your own first aid kit should contain a basic blister kit, plasters, antiseptic, sun protection, your own personal medication (sometimes your porter might get to camp after you and if he is carrying your medication you may not be able to take it according to the regime you are used to), basic pain relief (paracetamol, aspirin and ibuprofen) a personal course of antibiotics if prone to illness etc. Foot powder in your socks

every morning is great for preventing blisters. Generally the best approach to take when packing your first aid kit is to include such basic medications as if you would on a family or personal holiday.

Your 360 expedition leader and/or a member of the local crew (we call the ambulance man!) carries a very comprehensive first aid kit which contains a wide range of supplies and medications. They are fully trained to use whatever is needed for any emergency that may arise We advocate keeping this in mind when packing your own first aid supplies and keeping your own FA kit as compact and light as possible.

What equipment do I need for this trek?

A comprehensive kit list is included in this pack. If you have any questions about any of the items on it, please do call the 360 office as we are happy to advise.

Do we need to take our own sleeping bags and mats?

We always have comfortable thick mats available since we can carry them in our jeeps so there is no need to bring your own. There will also be plenty of heavy rugs. It is best to bring your own sleeping bag which should have a rating of -10, as it can get very cold at night.

What clothing should I wear on this trek?

You will need to bring trousers, shorts, t-shirts, several pairs of socks, jackets and some good sun protection by way of a hat and sunglasses. For footwear, you'll need a good pair of well worn in boots to trek in, and a pair of sandals or light trainers to pad around the camps, and later Petra.

What clothing is suitable for when we come back from the trek? When in Rome do as the Romans. Shorts and t-shirts are fine to wear during the course of the day. Evening wear generally tends to be casual: long trousers and casual shirt are fine for all hotels and restaurants. Jordanians are generally quite conservative in their dress code and are generally well dressed despite their situation in life.

Remember that this is a Muslim country and in religious areas, women should cover their shoulders and legs at the very least.

Fortunately 4-wheel drives and mules will be the taking the strain for this trip!

But pack no more than you would want to carry yourself: 15kg is the limit. Any extra weight such as spare clothes etc. can be left with our local crew before you head for trek. Duffel bags are ideal for this sort of trip. Whatever bag you go for make sure it is robust and has a large capacity. It is far better having a large capacity bag with extra room (after all air doesn't weigh much) than having a bag too small and finding problems packing your kit. Even having a 100 litre plus duffel bag is not too large.

What should I carry inside my daysack?

A daysack is worn at all times during the trek. The content of this is mandatory and should include: a fleece (if we take a break later in the day when it has cooled down or weather changes), lightweight waterproofs (primarily to act as wind protection), sufficient water for the day, snacks, camera equipment, personal medication and a head torch.

How much should my daysack weigh? What size is adequate?

Your day-to-day sack should weigh no more than 3 - 4 kg and a rucksack of around 30L capacity will more than suffice. This rucksack can be filled to the brim with extra stuff when checking in at the airport. It is important that this bag has an adjustable waist belt to transfer the weight of your daily load onto your hips and from here onto your legs so that your strongest muscles do most of the carrying.

LOGISTICS

Where do I meet my guides?

The 360 team will meet you at the airport. We will let you know where and when nearer the time of departure.

Who will be guiding us?

Our guides are the best in the business. They know the environment you will be trekking through intimately and hold the highest leadership and first aid qualifications to lead groups in remote places. Furthermore they have worked with the local crews for years and established a fantastic working relationship with them. Many speak several languages and they have operated many individual expeditions in the very environment in which you will be trekking to ensure that their enthusiasm never wains.

We handpick our leaders for their extensive expedition experience, their leadership skills, and for their ability to relate to the local people with whom they work.

Additionally they are supported by our fabulous local Bedouin guides whose knowledge of the local area is quite extraordinary.

Do I need to book my own flights to Jordan?

360 Expeditions will be booking flights on your behalf. We provide confirmation of flight times and departure terminal approximately eight weeks before your departure date. Please be aware that flight schedules are subject to change. Please ensure that you have checked flight details before setting out for your flight.

Do I need special travel insurance for the trek?

You must carry individual travel insurance to take part in the trek. We cannot take you on the trek without proof of insurance.

Your insurance details are requested on the booking form, however this can be arranged at a later date. 360 Expeditions will be requesting your insurance details 8 weeks before departure.

ENTRY TO COUNTRY

My passport runs out 3 months after the trek, is this going to be OK?

Your passport should be valid for 6 months after the date the trek starts. If it runs out before you may be refused entry. It is also advisable to have a couple of photocopies of your passport in case of loss.

Do I need a visa for Jordan?

Although visas are compulsory for individual tourist entry into Jordan for all foreign nationals; as you are travelling as part of a recognised tourist group, this requirement is waived.

FINANCE

How much spending money do we need?

The amount of money you will need depends on how many presents you wish to buy or how much you plan to drink when we are staying in hotels. As a basic rule of thumb £200 should be more than adequate for any post expedition spending.

How much do we tip our local crew?

Our local crew work extremely hard to assure that your expedition runs well. While tipping is not compulsory, it is and always has been very much part of the culture. Regardless of that, once someone sees the hard work the crew provides and realises the small amount of money they get paid in relation to your own wealth, tipping will seem the least you can do to say thank you. As a guide we suggest each trekker tips around \$100 USD. The total group tip will then be shared out amongst the whole local team. Tipping the leader is entirely at your own discretion.

What currency is used in Jordan?

Jordan used the Jordanian Dinar (as a loose guide 1.00 GBP = 1.2 JOD). However, you should keep an eye on the changing exchange rates. ATMs are widespread in more urban areas but don't always offer the most favourable rates. When receiving local currency, always ask for small bills, as larger bills are hard to change in small towns or for small purchases. The best places to exchange money are normally foreign-exchange bureaus, which are fast, have longer hours and often give slightly better rates than banks. Do not accept torn money as it will likely not be accepted.

AND FINALLY...

Is there mobile phone reception in the desert?

There should be mobile reception at most of our camp sites but this cannot always be guaranteed in the desert.

Do we need a travel adapter for the plug sockets in the hotel or are they the same as the UK?

No need to bring travel adapters as Jordan operates on the same system as the UK.

How do I avoid getting sand in my camera and phone in the desert?

We're in the desert, there is dust and sand all around us, even in the air, and the last thing you want is for your camera to pack up half way through the trek so you need to take care of it. For things that will stay in your kit bag most of the time like (hopefully) your mobile phone, hermetically sealing food bags or stuff sacs will be fine for the duration of the trek and are cheap to buy. For kit that will come out more often like a camera, consider small rolltop waterproof bags from OverBoard (English) Ortlieb (German). If you go the whole hog and think about buying a

Peli Case or similar, remember these are quite expensive, as well as quite heavy and cumbersome depending upon the size, although very good. Prevention is better than cure in many cases: take a soft, small cleaning brush or air blaster to dust off your camera at the end of each day, or should you accidentally drop it in the sand. Remember to take great care when wiping or dusting the lens - blow surface dust off first before polishing it otherwise you'll end up scratching the lens. If you're using an SLR, try to avoid changing lenses out in the open, wait until you get out of airborne dust and sand, and keep the lens cap on whenever you're not using it.

Will my valuables be safe?

While we will do everything we can to provide adequate safety for the group and security for your possessions, the general rule is that if you don't need it, don't bring it. This includes jewellery, necklaces, rings and even watches. Your passport and money should be kept on you at all times. As with travel in any foreign country, you need to look after yourself and your possessions and be aware of your surroundings, and this is no different.



TRAINING PROGRAM

To begin 6 months prior to the expedition where possible.

1. CVS: Cardiovascular exercise which is low impact such as swimming, cycling, cross trainer, rowing.
2. Weekend walk should be done over undulating terrain. Only a light rucksack needs to be carried.
3. For specific exercises it is worth doing static squats and heel raises on a regular basis to improve leg muscles prior to the trip. Static squats are especially useful to help protect the knees. Please remember that it is still important to have a well balanced workout using a variety of muscle groups.
4. It is worth winding down and resting in the week leading up to the trip, doing several light walks to keep things going.
5. When walking going at a pace of a brisk walk with a light sweat and enough to feel breathless is recommended
6. During the program, rather than step up suddenly each month it is better to build up gradually each week so there isn't a large transition

It is important you seek medical advice prior to starting any training program, especially if you are not used to regular physical exertion.





MONTH ONE

2 x 30 mins weekday walk
1 x 1 hour weekend walk
1 x 10 mins CVS
or
1 x 30 mins weekday walk
2 x 1 hour weekend walk
1 x 10 mins CVS

MONTH TWO

2 x 45 mins weekday walk
1 x 2 hours weekend walk
2 x 10 mins CVS
or
1 x 45 mins weekday walk
2 x 2 hours weekend walk
2 x 10 mins CVS

MONTH THREE

2 x 1 hour weekday walk
1 x 3 hours weekend walk
2 x 15 mins CVS
or
1 x 1 hour weekday walk
2 x 3 hours weekend walk
2 x 15 mins CVS

MONTH FOUR

3 x 1 hour weekday walk
1 x 4 hours weekend walk
3 x 15 mins CVS
or
2 x 1 hour weekday walk
2 x 4 hours weekend walk
3 x 15 mins CVS

MONTH FIVE

3 x 1.5 hours weekday walk
1 x 5 hours weekend walk
3 x 20 - 25 mins CVS
or
2 x 1.5 hours weekday walk
2 x 5 hours weekend walk
3 x 20 - 25 mins CVS

MONTH SIX

3 x 2 hours weekday walk
1 x 6 hours weekend walk
3 x 30 mins CVS
or
2 x 3 hours weekday walk
2 x 6 hours weekend walk
3 x 30 mins CVS

360

EXPEDITIONS

360 employs only the very best leaders in the industry. We know from personal experience that these remarkable individuals can make or break an expedition. All our 360 Leaders bring considerable knowledge, enthusiasm and expertise to every expedition. As well as being your guide, comfort and support, our Leaders have an extensive range of abilities such as in depth wilderness first aid and survival skills, but equally importantly they have a dedicated and caring attitude towards you. Your success is their success. Many clients leave their comfort boundaries while out in the field with us, emotionally and physically. You will always have the utmost support from your leader and the whole 360 team.



Our attention to detail doesn't just stop with our 360 leaders and local teams. Our office staff have a huge amount of travelling and field experience themselves, which helps them understand what you want from your trip. Everything from comprehensive, yet salient and common sense information prior to your trip, to offering knowledgeable advice and support when necessary, to liaising with you and listening to your thoughts and feedback after you return.

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